



CDC Guidelines and Precautions Agreement

At Spirit Xpress West, the health and safety of our staff and our customers remains our number one priority. Using the guidelines set forth by the CDC and National Federation of High School Associations, Spirit Xpress West is doing our best to ensure that your SXW camp, and or choreography session is both safe and productive. It is our hope that with these standards set in place, that as a whole, we can maintain health and safety without compromising quality. Please read the guidelines below and be sure to follow each one carefully and exactly as it is stated.

1. Temperatures of every registered person are to be taken and recorded before arriving to camp each day (please text to your coach your temperature), at camp registration and before leaving camp that same day. If any member of that team/program has a temperature of or above 100.4°, that member will not be allowed to participate, and the participant is to be sent home.
2. Keep participants or coaches with underlying health concerns at home.
3. If you are experiencing symptoms of COVID-19 or have come into contact with someone who has been diagnosed as 'positive' with COVID-19 or is experiencing symptoms, you will not be permitted to attend camp.
4. Masks must be worn at all times by staff, coaches and participants before entering the building, during camp and must remain on until the participants leave the building.
5. Regular handwashing will be implemented hourly.
6. Regular disinfection of all surfaces will be implemented both before and after camp has begun.
7. Bring a clean pair of shoes to be changed into upon entering the camp site. Shoes will be changed before stepping on the mat and changed back before leaving the building.
8. No visitors and/or parents will be allowed in the camp.
9. Restricted and/or staggering of parent pick-ups and drop-offs will be implemented to reduce contact among parents.
 - a. Participants: Please contact your coach for details.

10. Not using common areas such as dining halls if possible. If it is necessary, staggering visits and disinfecting between each visit.
11. Restricting mixing of groups as much as possible to reduce contact between different teams.
12. As much outdoor air as possible will be used – fans, outdoor activities, etc.
13. Social distancing will be enforced through increased spacing, small groups and limited mixing of these small groups.
14. Only registered participants and coaches will be allowed to attend the camp. The number of persons allowed in camp will be determined by each state’s public health order and/or school district restrictions.

By signing and dating below, I certify that I have read and understand that guidelines set in place by the Center for Disease Control and implemented by Spirit Xpress West.

I further agree to use my best judgment in undertaking these activities, use and/or receipt and to faithfully adhere to all safety instructions and recommendations, whether oral or written. I am hereby consenting on behalf of my child or legal ward to the assumption of, being under these risks of my own free will compulsion or duress.

Camp Location & Date

Name of Participant

Name of Legal Guardian, Printed

Legal Guardian Signature and Date

Address

Phone Number